

Capillary leak syndrome in COVID-19 and post COVID-19 vaccines

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Coronavirus Disease 2019 (COVID-19) is the most dramatic pandemic of the new millennium with repercussions also in the gynecological oncology field [1–3]. The cervical cancer screening and the management of gynecological tumors have been negatively impacted by COVID-19, with many interventions delayed or postponed [4]. Once infected, oncological patients are in addition at a higher risk of developing a severe form of the disease, due to chemotherapy and immunocompromisation [5, 6]. To counteract all this, specific vaccines have been launched in record time under emergency use authorization or conditional marketing authorization [7]; however, very rare neurological (Guillain-Barré syndrome) and thrombotic events after Vaxzevria® (formerly COVID-19 Vaccine AstraZeneca) or COVID-19 Vaccine Janssen have caused a stir in the scientific community and public opinion [7]. If Guillain-Barré syndrome is a known possible adverse reaction to vaccination, in which the immune system mistakenly attacks and damages peripheral nerves' myelin [8–10], for thrombotic events the matter is quite different. In fact, these severe, even fatal, thrombotic events have been only recently traced back to autoimmune thrombotic thrombocytopenia mediated by platelet-activating antibodies against platelet factor 4, which clinically mimics autoimmune heparin-induced thrombocytopenia [11–13]. Therefore, the European Medicines Agency (EMA) has updated the product information of both the vaccines in the midst of vaccination campaign, as follows:

“thrombosis with thrombocytopenia syndrome, in some cases accompanied by bleeding, has been observed very rarely following vaccination with Vaxzevria®. This includes severe cases presenting as venous thrombosis, including unusual sites such as cerebral venous sinus thrombosis, splanchnic vein thrombosis, as well as arterial thrombosis, concomitant with thrombocytopenia. Some cases had a fatal outcome. The majority of these cases occurred within the first three weeks following vaccination and occurred mostly in women under 60 years of age” and “a combination of thrombosis and thrombocytopenia, in some cases accompanied by bleeding, has been observed very rarely following vaccination

with COVID-19 Vaccine Janssen. This includes severe cases of venous thrombosis at unusual sites such as cerebral venous sinus thrombosis, splanchnic vein thrombosis as well as arterial thrombosis concomitant with thrombocytopenia. Fatal outcome has been reported. These cases occurred within the first three weeks following vaccination, and mostly in women under 60 years of age” [14, 15].

More recently, EMA's safety committee has reviewed six cases and three cases of Capillary Leak Syndrome (CLS) in people who had received Vaxzevria® and COVID-19 Vaccine Janssen, respectively. Most of the cases occurred in women and within four days from vaccination; four of those affected had a CLS history and three of them subsequently died [16, 17]. But what exactly is CLS? It represents a serious and temporary (1–3 days) capillary dysfunction typically of the middle-aged adults characterized by hyperpermeability, maybe related to proinflammatory mediators, in which blood plasma escapes from the circulatory system into interstitial compartment, surrounding tissues or body cavities, up to 70% of total plasma volume [18, 19]. The extravasation in the extremities is so massive to cause generalized edema with rapid weight gain, hypotension, hemoconcentration, hypoalbuminemia, and compartment syndromes, accompanied by lipothymia or syncope and flu-like symptoms (Fig. 1); preserved consciousness, despite severe attack, is an additional and intriguing clinical manifestation often reported during episodes at hospital admission [20]. Death may occur for hypovolemic shock, arrhythmia, multiple organ failure, recovery-phase pulmonary edema, or ischemia-reperfusion injuries [20]. Moreover, in approximately four fifths of cases, a paraproteinemia is found as the expression of an underlying monoclonal gammopathy of unknown significance [18–20]. There is a primary form of CLS, also called Clarkson's disease (from the physicians Bayard D. Clarkson who first described it in 1960) [21], and a secondary form, due to ovarian hyperstimulation, differentiation syndrome, drugs (e.g., gemcitabine and tagraxofusp), sepsis, systemic inflammatory response syndrome, autoimmune diseases, hemophagocytic lymphohistiocytosis, engraftment syndrome, anaphy-

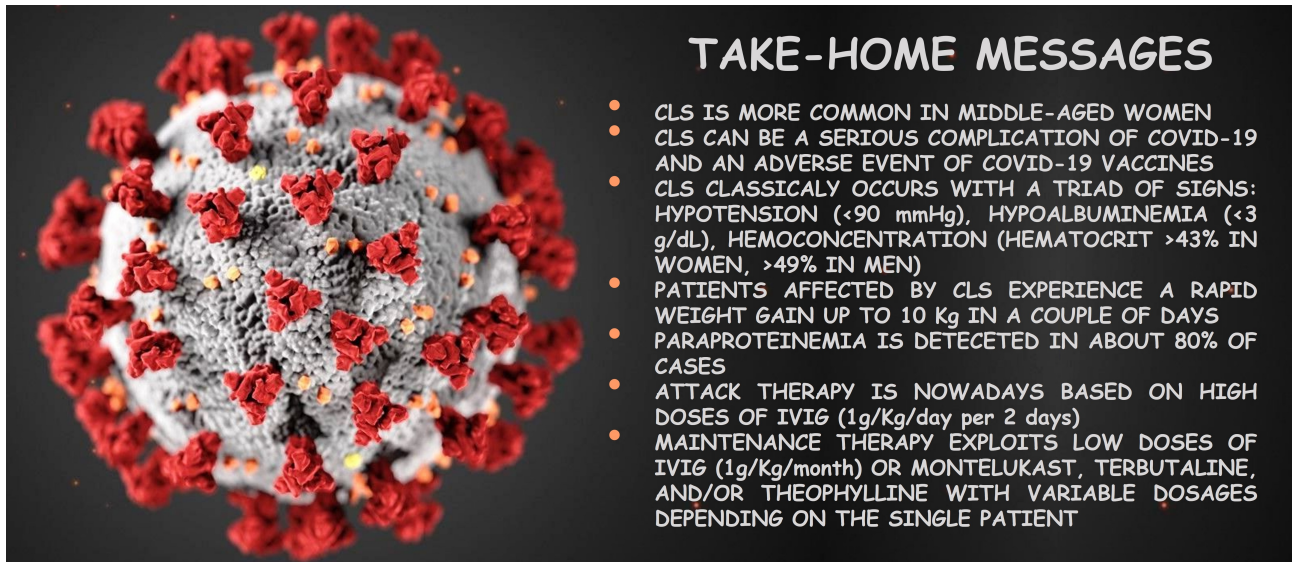


Fig. 1. Take-home messages of CLS in COVID-19 and post COVID-19 vaccines [the 3D illustration of SARS-CoV-2 has been drawn by Alissa Eckert, MS, and Dan Higgins, MAM, at the Centers for Disease Control and Prevention (CDC) of Atlanta, Georgia, USA, placed in the public domain and thus free of any copyright restrictions].

laxis, systemic mastocytosis, toxicity, snakebite, ricin poisoning, viral hemorrhagic fevers and other infections [18–20]. Surprisingly, COVID-19 has been reported by various authors among the infectious diseases able to unleash CLS [22–28]. Worldwide, COVID-19 vaccination campaign is carried out through modRNA-based or viral vector-based vaccines [29]. The latter contain genetically modified adenoviruses by recombinant DNA technology encoding the spike glycoprotein of the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) [14, 15], the etiological agent of COVID-19 [30, 31]; it is therefore reasonable to assume that a viral vector loaded with the spike SARS-CoV-2 DNA can elicit CLS in rare, predisposed individuals. In fact, the product information of Vaxzevria® and COVID-19 Vaccine Janssen has been respectively updated by EMA, as follows:

“very rare cases of CLS have been reported in the first days after vaccination with Vaxzevria®. A history of CLS was apparent in some of the cases. Fatal outcome has been reported. ... Individuals with a known history of CLS should not be vaccinated with this vaccine” and “very rare cases of CLS have been reported in the first days after vaccination with COVID-19 Vaccine Janssen, in some cases with a fatal outcome. A history of CLS has been reported. ... Individuals with a known history of CLS should not be vaccinated with this vaccine” [14, 15].

The same update procedure has not been applied to Comirnaty® (formerly COVID-19 Vaccine Pfizer/BioNTech) and Spikevax® (previously COVID-19 Vaccine Moderna), even though Matheny and colleagues have described two cases of CLS after these modRNA-based vaccines [32], which anyway remain of choice for patients suffering from gynecological malignancies. Today, a prompt recognition of post-vaccinal CLS is crucial, since

TAKE-HOME MESSAGES

- CLS IS MORE COMMON IN MIDDLE-AGED WOMEN
- CLS CAN BE A SERIOUS COMPLICATION OF COVID-19 AND AN ADVERSE EVENT OF COVID-19 VACCINES
- CLS CLASSICALLY OCCURS WITH A TRIAD OF SIGNS: HYPOTENSION (<90 mmHg), HYPOALBUMINEMIA (<3 g/dL), HEMOCONCENTRATION (HEMATOCRIT >43% IN WOMEN, >49% IN MEN)
- PATIENTS AFFECTED BY CLS EXPERIENCE A RAPID WEIGHT GAIN UP TO 10 Kg IN A COUPLE OF DAYS
- PARAPROTEINEMIA IS DETECTED IN ABOUT 80% OF CASES
- ATTACK THERAPY IS NOWADAYS BASED ON HIGH DOSES OF IVIG (1g/Kg/day per 2 days)
- MAINTENANCE THERAPY EXPLOITS LOW DOSES OF IVIG (1g/Kg/month) OR MONTELUKAST, TERBUTALINE, AND/OR THEOPHYLLINE WITH VARIABLE DOSAGES DEPENDING ON THE SINGLE PATIENT

it responds well to an early administration of IntraVenous ImmunoGlobulins (IVIg) at high doses (1 g/Kg/day per 2 days), to be associated with supportive therapy [33, 34].

Author contributions

LR conceived, designed, and supervised the study, interpreted the data, prepared the figure with the related legend, and wrote the manuscript; GG analyzed the data; EA and GA performed the literature search. All authors read and approved the final version of the manuscript.

Ethics approval and consent to participate

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Conflict of interest

The authors declare no conflict of interest. LR is the Associate Editor of this Journal; given his role as Associate Editor, he was not involved in the peer-review of this article and had no access to information regarding its peer-review.

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